

## SUMMER NEWSLETTER

### Lacombe Minor Hockey 2025-26 Season Kick-Off

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#### 👋 Who's Who at the Zoo – Meet Your Executive Team



**Priscilla Blokland – President**

💡 *Fun Fact:* I don't watch TV — except for OILERS hockey

📝 *Other Tidbits:* I am very introverted, love to travel, and crave experiences over gifts



**Curtis Goulet – Vice President**

💡 *Fun Fact:* For the last 2 years I have organized and participated in an Oil & Gas Charity Hockey Tournament for prostate cancer awareness and The Prostate Cancer Centre

📝 *Other Tidbits:* Played hockey since age 7, LMHA Director & Coach since 2017, proud FLAMES fan!



**Joanne Day – Treasurer & U18 Director**

💡 *Fun Fact:* Grew up in Newfoundland and learned to skate on the local pond

📝 *Other Tidbits:* This is my youngest son's third year of U18 so it will be my last year with a kid in minor hockey. My daughter aged out last year and my oldest son aged out in 2023. Enjoy your time here – it goes by so fast!



### **Nicole Fauria – Game & Conduct**

💡 *Fun Fact:* I was an extra in a movie when I was a teenager and got to meet Seth Green...I'm taller than him and he made me take my shoes off so I wasn't extra tall (I'm only 5'4")

📝 *Other Tidbits:* Before becoming a Mom, Nicole spent several years on the bench and sidelines as a Trainer for a variety of sports teams. Her passion is sports safety, and she has had the privilege of working with the RDC Queens and GMAC Griffins Women's Hockey Teams as well as U15 and U18 AAA out of Red Deer just to name a few. She is a lifelong Flames fan and her family of 6 is divided down the middle for the battle of Alberta.



### **Alyssa Dinter – Secretary & Tournament Coordinator**

💡 *Fun Fact:* I never watched or followed hockey until our kids started with Lacombe Minor Hockey

📝 *Other Tidbits:* We have two boys in LMHA (U9 and U11) and have been involved in LMHA since 2021 in various roles including Manager, Treasurer, Intro to Hockey Director, and Tournament Chair.



*More Director intros coming soon – stay tuned!*

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## **🔥🏒 OILERS vs. FLAMES: Battle of Alberta Fundraiser**

### **Get ready for a battle of Alberta — off the ice!**

Our President (Team Oilers) and VP (Team Flames) are squaring off to see who can raise the most for the **Lacombe Food Bank** during evaluations.

👉 *More details coming soon — pick your side!*


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## Important Reminders

- **Late Fees in Effect:**  
A \$300 late registration fee started **August 1**, except U11 CAW, Rocket Launchers, U7, U9 and U15 No Body Contact.
  - **Fee Deadline:**  
Registration must be paid in full or have a payment plan in place by **September 1** — or players won't be allowed on the ice for August development camps or evaluations
  - **Team Caps:**  
Team sizes will be capped once evaluations conclude
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## Refund Policy

- **Before Sept. 1:** Full refund (minus \$150 non-refundable deposit)
- **After Sept. 1:** 50% pro-rated refund

 *Refer to Section 1 of the LMHA Handbook for full details (LMHA website > Information > Policies & Procedures)*

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## Key Dates & Events

 *More details will follow closer to each event (dates and times subject to change)*

## Meetings & Events

- **Operating Committee Meeting:** Aug 13, 7–9pm, Gary Moe upstairs then the 3<sup>rd</sup> Wednesday of each month (starting September 17)
- **LMHA Overview (New Families):** Sept 11, 7-9pm Gary Moe upstairs
- **Used Equipment Sale:** Aug 14 (6-8pm) & 18 (5:30-8:30pm)
- **Come Try Hockey:** Sept 20, 3–4pm, Echo Internet Arena 2
- **Welcome Back Breakfast:** Sept 27, 8–10:30am

## Player Development

- **U9:** Aug 22
- **U11 – U15:** Aug 18-20
- **U15 Checking Clinic:** Aug 14
- **U18:** Aug 21

## Coach & Team Training

- **Coach Kick-Off:** Sept 23 [time/location TBD]
- **Manager Training:**

- U11+: Sept 25, 7pm (Community Room)
  - U7–U9: Oct 7, 7pm (Rockets Office)
  - **Parent Liaison Training:** Oct 9, 7–8pm (Community Room)
  - **Treasurer Training:** Oct 9, 8–9pm (Community Room)
  - **Safety Parent Training:** Oct 14, 7pm (Community Room)
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## Evaluations Overview

Planning is underway! Here's what to know:

### Who's Leading Evaluations?

- **Curtis Goulet (VP) & Jeremy Dreise (Development Director)**
- **Cross Ice Developments** evaluating U11–U18
- Using **Team Genius** to track data

### Skills Evaluated

- **All Divisions:** Skating, puck handling, shooting
- **U11+:** Also includes hockey sense, work ethic, and defensive play
- **Weighting:** Evaluator and Coach Select weighting changes across divisions

### Jerseys

Wear **neutral colours** (black/white/grey) or **Rockets colours** (red/navy)

### Want to Coach?

Apply **before** the first evaluated skate to be considered as a **Head Coach**

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### Evaluation Timeline (excluding CAW and CAS)

Visit your Division's homepage on the LMHA website and get an idea of when your player will first hit the ice and when the last scrimmage is planned. Stay tuned for more information from your Division Director (don't forget to check your Junk mail!)

 *Full Evaluation details in Appendix A of the LMHA Handbook*

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## **We Can't Drop the Puck Without You!**

Behind every great hockey season is a team of dedicated volunteers who make it all possible. You don't need experience – just a willingness to pitch in. Many hands make light work – and without volunteers, our kids simply can't play the game they love. Join us in making this season unforgettable!

There are a few key roles that will need to be filled early on in the season – below is an outline of key roles and their responsibility. Start thinking about whether you can see yourself in one of these roles – reach out to your Division Director in advance of teams being formed to help get our season off to a roaring start!

 *New this year: short training sessions to help you feel confident and prepared from day one!*

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## **Key Volunteer Roles**

### **Manager – The Off-Ice MVP**

While coaches focus on the action on the ice, the **Manager** handles everything off it — coordinating games, managing tournaments, organizing team communication, and ensuring the season runs smoothly.

You don't need to know everything — just be organized, willing to help, and ready to lean on experienced volunteers and LMHA support. With a strong Manager, the team runs like a well-oiled Zamboni!

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### **Treasurer – Keeping the Books Out of the Penalty Box**

Working closely with the Manager, the **Treasurer** is responsible for the dollars and cents — managing the team budget, tracking income and expenses, and making sure families stay informed.

You don't need a finance degree — just a willingness to help, be organized, and follow a few basic guidelines. We'll provide templates and walk you through the steps so you're never on your own.

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### **Parent Liaison – The Calm in the Chaos**

Every team needs someone who can stay cool when emotions run high. The **Parent Liaison** acts as the first point of contact when concerns arise and can't be resolved directly.

This role is all about listening, communicating respectfully, and ensuring every family feels heard. Experience with conflict resolution is helpful but not required — you'll be supported by your Division Director and our Game & Conduct Director if needed.

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### **Tournament Chair (U7–U13) – The Playmaker of the Home Tournament**

The **Tournament Chair** is the lead planner for your team's home tournament. From player packs and team registration to game schedules and fundraising, you'll work with a group of volunteers to make it all happen.

This role takes strong organization, but you won't be starting from scratch. LMHA has templates, timelines, and full support from the Tournament Coordinator to guide you along the way. If you love planning events and making things fun for players and families, this one's for you!


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### **Have Questions?**

If you have any questions about the upcoming season, registration, evaluations, volunteer roles, or anything else — we're here to help!

Please don't hesitate to reach out to:

- Any member of the **LMHA Executive**
- Your **Division Director**
- Or **Alison Stangeland**, our Office Administrator ([lacombehockeyoffice@gmail.com](mailto:lacombehockeyoffice@gmail.com))

We're looking forward to a fantastic season together! 

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Enjoy the rest of your summer,  
– Your LMHA Executive